



LOST COAST HIKES

with Sanctuary Forest



Our educational hikes highlight the magnificent diversity of plant and animal life in the Sanctuary Forest, Sinkyone Wilderness State Park, and the King Range National Conservation Area.

DATE	NAME		GUEST LEADER
May 6 SUN.	Through the Camera Lens Restoration Forestry	Walk	Pierre Gaude
May 12 SAT.	Edible & Medicinal Herbs Restoration Forestry	Hike	Michele Palazzo
May 13 SUN.	Mother's Day – Wildflower Ancestor Grove & Jones Beach	Walk	Melinda Bailey
May 19 SAT.	Nature of Plants Hidden Valley	Hike	Rose Madrone
May 20 SUN.	Birds of the Sinkyone Jones Beach	Walk	Helen McKenna Allan Ridley
June 9 SAT.	Nancy's Medicinal Herbs Jones Beach	Walk	Nancy Peregrine
June 16 SAT.	Butterflies & Bugs Ancestor Grove & Jones Beach	Walk	Michael Camann
July 4 WED.	Tide Pool Exploration Shelter Cove – Mal Coombs Park	Walk	Rachel Sowards Amanda Cocking
July 14 SAT.	Rising Moon Setting Sun King Peak Trail	Hike	Rachel Sowards Amanda Cocking
July 21 SAT.	Sinkyone Indian Land & Culture Sinkyone Wilderness	Walk	InterTribal Sinkyone Wilderness Council
Aug. 18 SAT.	Coastal Prairie Ecology Mouth of the Mattole	Hike	Sam Morrison Clara Sander
Sept. 8 SAT.	The Great Sinkyone Geology Sinkyone Wilderness	Walk	Tom Brundage Kathy Moley
Sept. 15 SAT.	Ancient Redwood Sanctuary Ancestor Grove	Hike	Tom Brundage Stuart Moskowitz
Sept. 23 SUN.	Mattole Water & Life Shadowbrook	Walk	Tasha McKee Adona White Joelle Geppert
Sept. 29th SAT.	Scat & Tracks King Range	Walk	Kim Cabrera

ADVANCE RESERVATIONS REQUIRED

To sign up, call 877-986-HIKE or email hike@sanctuaryforest.org
For more information visit our website at www.sanctuaryforest.org

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